

Dr. Dimitrios Chatzis, MD, PhD, MEAPCI

Consultant Cardiologist, Clinical Hypertension Specialist (ESH)

Athens, June 2019

Family name : **Chatzis**
Name : **Dimitrios**
Fathers` name : **Grigorios**
Nationality : **Greek**
Date of birth : **8/3/1974**
Place of birth : **Thermo Aetolias**
Family status : **Married, two children**
Address : **3 Sevastias street, 17122, N. Smirni, Athens, Greece**
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Education

November 2015 : full registration with license to practice in the specialist doctors list, General Medical Council (GMC), U.K.

March 2015: nominated **European Hypertension Specialist** by the European Society of Hypertension (included in the list of 900 European experts, www.esh.org)

2006 – 2009: **PhD, University of Athens, Medical School**

PhD dissertation: «Diastolic dysfunction estimation in hypertensive patients with TDI: Correlations with great artery stiffness and BNP plasma levels ».

2008 – 09: Monthly Courses Seminar entitled «**Meet the Masters**» **course for Interventional Cardiology Fellows**, Institute for Therapy Advancement (ITA), Paris, France, under the auspices of Boston Scientific, **European Association of Percutaneous Coronary Interventions – EAPCI** (Organized by Prof. Carlo Di Mario)

1993 -99: **MD degree**. Medical school of Athens, Greece (8.07/10)

Boards/Registrations

- **Medical professional license** (date:3.8.1999, reg. no: 6761)
- **Specialist Cardiologist** (date:30.9.2009, reg. no: 4802)
- **Athens Medical Association membership** (2001 onwards, reg. no:051603)
- **Hellenic Society of Cardiology membership** (November 2009 onwards, reg. no:2543)
- **European Society of Hypertension** membership (March 2015 onwards)
- **General Medical Council (GMC), UK**, full specialist registration with license to practice, GMC ref number 7522096

Professional experience

09/2018 – present: **Scientific collaborator / Lecturer, Medical school, European University Cyprus**. Teaching cardiology and cardiovascular pathophysiology/semiology in 4th year medical students (lectures, case – based clinical scenarios, simulation training)

02/2016 – 03/2018: **Consultant Cardiologist. Head of the department of hypertension and preventive cardiology , Medical Center of Faliro, private hospital** (tertiary, 100 bed hospital).

Address: 36 Areos street, 17562, Athens, Greece

11/2016 – 12/2018: **Senior Medical Advisor, Internal Medicine department**, Pfizer Hellas. Address : 243 Mesogeion avenue, 11423, Athens, Greece.

Description of the role:

Reporting to Country Medical Director, responsible for apixaban (Eliquis) and varenicline (Champix) for **Greece, Cyprus and Malta. *Manager of 3 contingent coworkers (CTA).***

Key responsibilities and achievements:

- Scientific and Medical Leadership in the fields of antithrombotic, as well as smoking cessation therapies. Excellence in execution of local medical plans with particular focus on customer's interactions, resources deployment and capability building.
- Generation of high impact data through planning, supervision and conduction of two non - interventional trials related to the therapeutic areas of responsibility. Support and facilitation of 2 IIR (investigator initiated research) protocols. Support and facilitation of a granted (by the global team) IIR protocol.
- Implement comprehensive medical education and data communication programs to both external and internal customers at local level. Effective customer facing and liaison with top KOLs, as well as local scientific authorities, so as to facilitate the development of a robust scientific network. Close collaboration with the Hellenic Society of Cardiology, as well as with the Greek College of General Practicioners for the planning and execution of educational and disease awareness programs.
- Advanced presentation skills as indicated by a plethora of scientific (products and therapeutic areas – related) invited lectures in national congresses, as well as in country's top cardiology clinics.
- Cross functional capabilities as indicated by the close and effective cooperation with marketing, digital marketing, health and value and sales force. Quality review and timely approval of promotional materials, active participation in digital congress reporting actions, training delivery to Sales team. Close cooperation with HEOR colleagues for the scientific support of the products of responsibility in national authorities (such us the National Drugs Organization), as needed.
- Publication plan leader. Responsible for the publication planning and execution in the country level.
- Active participation in all the scientific / educational activities of the European regional team. Close cooperation with the regional team colleagues for the

design and organization of a workshop included in the program of a big masterclass global event (Berlin, Sept 2017)

12/2014 – 10/2016: **Senior Medical Scientific Relations Manager (part time)** at Pfizer Hellas. Address : 243 Mesogeion avenue, 11423, Athens, Greece.

Description of the role:

Reporting to Pfizer Established Health Medical Lead, responsible for olmesartan, amlodipine, olmesartan/HCTZ, olmesartan/ amlodipine/HCTZ and atorvastatin for Greece, Cyprus and Malta.

Key responsibilities and achievements:

- Customer facing / KOL management, building of a robust scientific network.
- Active participation in the design of a dyslipidemia related non – interventional local study.
- Excellent presentation skills, as indicated by a plethora of hypertension and dyslipidemia treatment - related presentations to local HCPs.

11/2011 – 01/2016: **Invasive Cardiologist.** Performing elective diagnostic and interventional left heart catheterizations, from both femoral and radial access (about 20 cases per month). **Haemodynamic laboratory of the Medical Center of Athens private hospital** (tertiary, 200bed hospital).

Address: 9 Athanasiadou street, 11521, Athens, Greece.

12/2009 – 01/2016: **Consultant Clinical Cardiologist.** Performing preoperative evaluation for non-cardiac surgery, clinical assessment, ECG interpretation and echocardiograms (about 400 patients per month). On call duty in a 1/5 basis. **Medical Center of Athens, private hospital** (tertiary 200bed hospital).

Address: 5-7 Distomou street, 15125, Marousi, Athens, Greece.

12/2009 - present: **Cardiology private practice** Performing preoperative evaluation for cardiac and non-cardiac surgery, clinical assessment, ECG interpretation and echocardiograms (about 150 patients per month).

Address: Singrou 76 avenue, Athens, Greece, 11742.

06/2012 – 06/2013: **Consultant Clinical Cardiologist.** Collaborating with the medical team of Panathinaikos F.C. (one of the most famous Greek football clubs).

04/2011 – 10/2011: **Interventional Cardiology Fellow.** Performing elective supervised coronary interventions. **Hippokration General Hospital of Athens** (tertiary, 250bed hospital).

Address: 114 Vas. Sofias avenue, 11527, Athens, Greece.

10/2009 – 04/2011: **Interventional Cardiology Fellow.** Performing elective and acute supervised coronary interventions. Attending the program of the Cardiology clinic with 1/6 on call duty. **Henry Dunant General Hospital of Athens** (tertiary, 300bed hospital).

Address: 107 Mesogeion avenue, 11526, Athens, Greece.

07/2005 – 07/2009: **Cardiology Resident Doctor.** Attending the educational program of the Hellenic Ministry of Health for the acquisition of the title of “Specialist Cardiologist”. **Hellenic Red Cross General Hospital of Athens** (tertiary, 400bed hospital).

Address: 1 Erithrou Stavrou street, 11526, Athens, Greece.

02/2004 – today: **Attending doctor.** Performing clinical evaluation, as well as ECG interpretation and echocardiograms in hypertensive patients.

Hypertension Unit of the 1st Cardiology Clinic of the University of Athens (ESH Center of Clinical Excellence, a high volume facility with over 50 cases per day).

Address: 114 Vas. Sofias avenue, 11527, Athens, Greece.

04/2002 – 01/2004: **Internal Medicine Resident Doctor**. Attending the educational program of the Hellenic Ministry of Health for the acquisition of the title of “Specialist Cardiologist”. **St Helens’ Hospital of Athens** (secondary, 130bed hospital). Address: 21 Dimitriou Soutsou street, 11521, Athens, Greece.

01/2001 – 01/2002: **General practitioner – military doctor**. Offering general medical services in the military hospital of Lemnos island.

09/1999 – 12/2000: **Obligatory Rural Medical Service**. Offering general medical services. **Vonitsa Health Center, Western Greece** (high volume primary health care facility, with over 50 patients per day).

Address: Vonitsa Health Center, 30002, Vonitsa Aet/nias, Greece.

Scientific work

Publications in international medical journals: 28 (22 pubmed indexed)

1: Papaioannou GI, Chatzis DG, Kotsanis A, Sionis DG, Pavlides G, Arampatzis CA, Tziakas DN, Lees PJ, Mihalis L; Working Group of Hemodynamics and Interventional Cardiology, Hellenic Society of Cardiology. Organization, structure and data of the Hellenic Heart Registry

on Percutaneous Coronary Interventions: a stepforward towards outcomes research. *Hellenic J Cardiol.* 2014 May-Jun;55(3):227-34. PubMed PMID: 24862615.

2: Tsioufis C, Chatzis D, Kallikazaros I, Stefanadis C. Successful right coronaryartery drug-eluting stent implantation in a male patient with situs inversus. *Hellenic J Cardiol.* 2011 May-Jun;52(3):262-4. PubMed PMID: 21642077.

3: Tzifos V, Gatsis A, Gerasimou A, Chatzis D, Theodorakis G. Acute and long termresults of unprotected left main stenting using drug eluting stents. *Cardiol J.*2011;18(2):165-70. PubMed PMID: 21432823.

4: Tsioufis C, Tsiachris D, Dimitriadis K, Thomopoulos C, Syrseloudis D, Andrikou E, Chatzis D, Taxiarchou E, Selima M, Mazaraki A, Chararis G, Tolis P, Gennadi A, Andrikou I, Stefanadi E, Fragoulis V, Tzamou V, Panagiotakos D, Tousoulis D, Stefanadis C. Leontio Lyceum ALbuminuria (3L Study) epidemiological study: aims, design and preliminary findings. *Hellenic J Cardiol.* 2009 Nov-Dec;50(6):476-83. PubMed PMID: 19942561.

5: Tsioufis C, Vezali E, Tsiachris D, Dimitriadis K, Taxiarchou E, Chatzis D, Thomopoulos C, Syrseloudis D, Stefanadi E, Mihas C, Katsi V, Papademetriou V, Stefanadis C. Left ventricular hypertrophy versus chronic kidney disease as predictors of cardiovascular events in

hypertension: a Greek 6-year-follow-up study. *J Hypertens*. 2009 Apr;27(4):744-52. doi:10.1097/HJH.0b013e32832401ff. PubMed PMID: 19516174.

6: Tsioufis C, Taxiarchou E, Syrseloudis D, Chatzis D, Tsiachris D, Chatzistamatiou E, Skiadas I, Metallinos G, Tsiamis E, Stefanadis C. Left ventricular mass but not geometry determines left atrial size in the early stages of hypertension. *J Hum Hypertens*. 2009 Oct;23(10):674-9. doi:10.1038/jhh.2009.13. Epub 2009 Mar 5. PubMed PMID: 19262582.

7: Paraskevas KI, Psathas C, Dragios T, Chatzis DG, Mikhailidis DP, Kyriakides ZS. The impact of novel treatment modalities on the therapeutic approach of cardiovascular diseases. *Angiology*. 2009 Feb-Mar;60(1):5-7. doi:10.1177/0003319708328923. PubMed PMID: 19190028.

8: Manolis AG, Akridas CC, Chatzis DG, Gerakios E, Dimopoulos C. Complex arrhythmias in Prinzmetal's angina reproduced by cold pressor test. *Int J Cardiol*. 2010 Aug 6;143(1):e11-3. doi:10.1016/j.ijcard.2008.12.076. Epub 2009 Jan 29. PubMed PMID: 19185370.

9: Chatzis D, Tsioufis C, Tsiachris D, Taxiarchou E, Lalos S, Kyriakides Z, Tousoulis D, Kallikazaros I, Stefanadis C. Brain natriuretic peptide as an

integrator of cardiovascular stiffening in hypertension. *Int J Cardiol.* 2010 Jun 11;141(3):291-6. doi: 10.1016/j.ijcard.2008.12.018. Epub 2009 Jan 20. PubMed PMID: 19157602.

10: Manolis AG, Chatzis D, Kouvelas KG. Implantable cardioverter defibrillator lead diaphragmatic perforation. *Europace.* 2009 Feb;11(2):271. doi:10.1093/europace/eun334. Epub 2008 Dec 18. PubMed PMID: 19095688.

11: Manolis AG, Kourouklis S, Chatzis D, Kouvelas K, Kyriakides Z. Irregular ventricular tachycardia underdetected by implantable cardioverter defibrillator device. *Cardiol J.* 2008;15(3):281-3. PubMed PMID: 18651422.

12: Manolis AG, Kourouklis S, Chatzis D, Psathas C, Kyriakides Z. Arrhythmogenic syncope in a "neurologic" patient. The need for a multidisciplinary approach. *Cardiol J.* 2008;15(2):192-3. PubMed PMID: 18651406.

13: Manolis AG, Chatzis DG, Kouvelas K, Kyriakides ZS. Partial inhibition of ongoing antitachycardia pacing sequence due to T-wave oversensing. *Pacing Clin Electrophysiol.* 2008 Jun;31(6):780-1. doi: 10.1111/j.1540-8159.2008.01087.x. PubMed PMID: 18507556.

14: Tsioufis C, Chatzis D, Tsiachris D, Katsi V, Toutouzas K, Tousoulis D, Vlasseros I, Stefanadis C, Kallikazaros I. Exaggerated exercise blood pressure response is related to tissue Doppler imaging estimated diastolic dysfunction in the early stages of hypertension. *J Am Soc Hypertens.* 2008 May-Jun;2(3):158-64. doi: 10.1016/j.jash.2007.11.002. PubMed PMID: 20409898.

15: Tsioufis C, Tsiachris D, Dimitriadis K, Chartzoulakis G, Selima M, Chatzis D, Taxiarchou E, Stefanadis C, Kallikazaros I. Evidence for no global effect of metabolic syndrome per se on early hypertensive sequelae. *J Hypertens.* 2008 Apr;26(4):773-9. doi: 10.1097/HJH.0b013e3282f430b0. PubMed PMID: 18327088.

16: Kourouklis S, Chatzis D, Skafida M, Liagkas K, Paradellis G, Kyriakides Z. Outlet type of interventricular septal defect in SanFilippo type-B syndrome. *Int J Cardiol.* 2007 Nov 15;122(2):e4-5. Epub 2007 Jan 17. PubMed PMID: 17234286.

17: Tsioufis C, Stougiannos P, Taxiarchou E, Skiadas I, Chatzis D, Thomopoulos C, Lalos S, Stefanadis C, Kallikazaros I. The interplay between haemodynamic load, brain natriuretic peptide and left atrial size in the early stages of essential hypertension. *J Hypertens.* 2006 May;24(5):965-72. PubMed PMID: 16612260.

18: Tsioufis C, Dimitriadis K, Chatzis D, Vasiliadou C, Tousoulis D, Papademetriou V, Toutouzas P, Stefanadis C, Kallikazaros I. Relation of

microalbuminuria to adiponectin and augmented C-reactive protein levels in men with essential hypertension. *Am J Cardiol.* 2005 Oct 1;96(7):946-51. PubMed PMID: 16188522.

19: Tsioufis C, Chatzis D, Dimitriadis K, Stougianos P, Kakavas A, Vlasseros I, Tousoulis D, Stefanadis C, Kallikazaros I. Left ventricular diastolic dysfunction is accompanied by increased aortic stiffness in the early stages of essential hypertension: a TDI approach. *J Hypertens.* 2005 Sep;23(9):1745-50. PubMed PMID: 16093921.

20: Tsioufis C, Tzioumis K, Dimitriadis K, Chatzis D, Skiadas I, Michailidis A, Toutouzas P, Kallikazaros I, Stefanadis C. Nondipping status does not attenuate the conjugated estrogen-induced improvement in aortic stiffness in postmenopausal women with untreated hypertension. *Am J Hypertens.* 2005 May;18(5 Pt 1):607-11. PubMed PMID: 15882542.

21: Tsioufis C, Chatzis D, Vezali E, Dimitriadis K, Antoniadis D, Zervoudaki A, Lalos S, Kallikazaros I, Stefanadis C, Toutouzas P. The controversial role of serum uric acid in essential hypertension: relationships with indices of target organ damage. *J Hum Hypertens.* 2005 Mar;19(3):211-7. PubMed PMID: 15647779.

Publications in Greek medical journals: 14

Cardiology book chapters: 3

Abstracts in national medical congresses: 33

Abstracts in international cardiology congresses: 76 (the majority of them presented at **ACC, AHA and ESC** congresses).

1. C. Tsioufis, K. Tzioumis, A. Hatziyanni, K. Dimitriadis, E. Taxiarchou, D. Chatzis, C. Stefanadis, I. Kallikazaros, P. Toutouzas. The estrogen – induced alterations in arterial stiffness are independent of the non-dipping status but attenuated by progesterone in hypertensive postmenopausal women. 53rd Annual Scientific Session of the American College of Cardiology. New Orleans, Louisiana, March 7 – 10, 2004.
2. K. Dimitriadis, C. Tsioufis, M. Toutouza, D. Chatzis, E. Taxiarchou, E. Triantafillidi, C. Stefanadis, I. Kallikazaros. Augmented plasma levels of C – reactive protein in untreated essential hypertensive patients. 14th European Meeting on Hypertension. Paris, France, June 13 – 17, 2004.
3. K. Dimitriadis, C. Tsioufis, M. Toutouza, D. Chatzis, E. Taxiarchou, C. Vasiliadi, I. Vlasseros, C. Stefanadis, I. Kallikazaros. Non – dipping status is not correlated with plasma levels of high sensitivity C – reactive protein in untreated essential hypertensive patients. 14th European Meeting on Hypertension. Paris, France, June 13 – 17, 2004.
4. C. Tsioufis, K. Dimitriadis, M. Toutouza, D. Chatzis, C. Vasiliadou, E. Triantafillidi, C. Stefanadis, I. Kallikazaros. Microalbuminuria is closely associated with increased plasma levels of C – reactive protein in untreated essential hypertensive patients. 14th European Meeting on Hypertension. Paris, France, June 13 – 17, 2004.
5. C. Tsioufis, K. Dimitriadis, D. Chatzis, M. Toutouza, P. Stougianos, I. Vlasseros, C. Stefanadis, I. Kallikazaros. Microalbuminuria is closely associated with increased plasma levels of C-reactive protein in untreated essential hypertensive subjects. European Society of Cardiology Congress 2004, Munich, Germany, 28 August – 1 September.
6. C. Tsioufis, K. Dimitriadis, M. Toutouza, P. Missovoulos, D. Chatzis, S. Lalos, C. Stefanadis, I. Kallikazaros. Subclinical inflammation and early renal dysfunction : a graded relationship between C-reactive protein and urinary albumin excretion rate in essential hypertensive subjects. European Society of Cardiology Congress 2004, Munich, Germany, 28 August – 1 September.
7. D. Chatzis, C. Tsioufis, K. Dimitriadis, P. Stougiannos, P. Missovoulos, I. Vlasseros, C. Stefanadis, I. Kallikazaros. Unfavorable alterations of left ventricular geometry are associated with increased levels of inflammatory markers in essential hypertensive patients with normal left ventricular mass. Euroecho 8, Athens, Greece, December 1-4, 2004.
8. K. Dimitriadis, C. Tsioufis, D. Chatzis, P. Stougiannos, I. Vlasseros, E. Triantafillidi, C. Stefanadis, I. Kallikazaros. Adverse left ventricular geometric pattern is accompanied by increased levels of urinary albumin excretion in essential hypertensive patients without left ventricular hypertrophy. Euroecho 8, Athens, Greece, December 1-4, 2004.
9. Ioannis Skiadas, Konstantinos Tsioufis, Dimitris Chatzis, Kyriakos Dimitriadis, Apostolis Kakavas, Alexandros Katsimichas, Ioannis Vlasseros, Christodoulos Stefanadis, Ioannis Kallikazaros. The role of humoral, inflammatory and arterial elasticity status in hypertensive subjects with paroxysmal atrial fibrillation: chasing etiological bonds in a vicious circle. 54th Annual Scientific Session of the American College of Cardiology, Orlando, Florida , March 6-9, 2005.
10. Costas Thomopoulos, Konstantinos Tsioufis, Anastasia Amfilochiou, Carmen Vasiliadou, Dimitris Chatzis, Apostolis Kakavas, Maria Papavasiliou, Christodoulos Stefanadis, Ioannis Kallikazaros. The Obstructive Sleep Apnea Syndrome in essential hypertensive subjects identifies a state of subclinical inflammatory processes and arterial stiffening. 54th Annual Scientific Session of the American College of Cardiology, Orlando, Florida , March 6-9, 2005.
11. Costas Thomopoulos, Konstantinos Tsioufis, Anastasia Amfilochiou, Dimitris Chatzis, Pavlos Stougiannos, Apostolis Kakavas, Dimitris Tousoulis, Christodoulos Stefanadis, Ioannis Kallikazaros. Obstructive Sleep Apnea is accompanied by more pronounced impairment of aortic elastic properties in untreated newly diagnosed essential hypertensive patients. 54th Annual Scientific Session of the American College of Cardiology, Orlando, Florida, March 6-9, 2005
12. Costas Thomopoulos, Konstantinos Tsioufis, Anastasia Amfilochiou, Carmen Vasiliadou, Dimitris Chatzis, Apostolis Kakavas, Maria Papavasiliou, Christodoulos Stefanadis, Ioannis Kallikazaros. The

emerging role of subclinical inflammation in essential hypertensive subjects with Obstructive Sleep Apnea Syndrome: a working hypothesis. 54th Annual Scientific Session of the American College of Cardiology, Orlando, Florida, March 6-9, 2005

13. K. Dimitriadis, C. Tsioufis, D. Chatzis, P. Stougiannos, D. Tousoulis, C. Stefanadis, I. Kallikazaros. Early renal dysfunction is associated with hypoadiponectinemia and subclinical inflammation in essential hypertensive subjects. 20th Annual Scientific Meeting of the American Society of Hypertension, San Francisco, California, May 14-18, 2005.
14. K. Dimitriadis, C. Tsioufis, K. Vasiliadou, D. Chatzis, G. Chartzoulakis, C. Stefanadis, I. Kallikazaros. Early renal dysfunction and diverse cascades of subclinical inflammation in essential hypertension: associations with C-reactive protein, interleukin-18 and soluble CD-40 ligand. 20th Annual Scientific Meeting of the American Society of Hypertension, San Francisco, California, May 14-18, 2005.
15. D. Chatzis, C. Tsioufis, K. Dimitriadis, A. Kakavas, E. Taxiarchou, P. Toutouzas, C. Stefanadis, I. Kallikazaros. Increased aortic stiffness is accompanied by left ventricular diastolic dysfunction in newly diagnosed hypertensives without left ventricular hypertrophy. 20th Annual Scientific Meeting of the American Society of Hypertension, San Francisco, California, May 14-18, 2005.
16. D. Chatzis, C. Tsioufis, K. Dimitriadis, P. Stougiannos, G. Chartzoulakis, P. Toutouzas, C. Stefanadis, I. Kallikazaros. Association of aortic stiffness with brain natriuretic peptide plasma levels in the early course of essential hypertension. 15th European Meeting on Hypertension. Milan, Italy, June 17-21, 2005.
17. K. Dimitriadis, C. Tsioufis, C. Vasiliadou, D. Chatzis, E. Taxiarchou, E. Vezali, C. Stefanadis, I. Kallikazaros. Microalbuminuria is accompanied by decreased adiponectin and augmented C-reactive protein levels in male essential hypertensive subjects. 15th European Meeting on Hypertension. Milan, Italy, June 17-21, 2005.
18. K. Dimitriadis, C. Tsioufis, D. Chatzis, P. Stougiannos, A. Kakkavas, A. Mariolis, C. Stefanadis, I. Kallikazaros. Diverse associations of microalbuminuria with C-reactive protein and soluble CD-40 ligand in male essential hypertensive subjects. 15th European Meeting on Hypertension. Milan, Italy, June 17-21, 2005.
19. P. Stougiannos, C. Tsioufis, M. Toutouza, D. Chatzis, E. Taxiarchou, I. Vlasseros, A. Kakkavas, P. Missovoulos, C. Stefanadis, I. Kallikazaros. Left ventricular concentric remodelling is accompanied by augmented levels of inflammatory markers in essential hypertensive patients: an intriguing link. 15th European Meeting on Hypertension. Milan, Italy, June 17-21, 2005.
20. C. Lambropoulos, C. Tsioufis, G. Chartzoulakis, K. Dimitriadis, D. Chatzis, E. Taxiarchou, P. Stougiannos, A. Kakkavas, C. Stefanadis, I. Kallikazaros. Metabolic syndrome defined by the ATP III: the effect of its different components on target organ damage in untreated essential hypertensive patients. 15th European Meeting on Hypertension. Milan, Italy, June 17-21, 2005.
21. G. Chartzoulakis, C. Tsioufis, C. Lambropoulos, K. Dimitriadis, D. Chatzis, P. Stougiannos, E. Chatzistamatiou, S. Lalos, C. Stefanadis, I. Kallikazaros. Diverse effects of the different components of metabolic syndrome defined by the ATP III on the prevalence of left ventricular hypertrophy and microalbuminuria in hypertensive patients. 15th European Meeting on Hypertension. Milan, Italy, June 17-21, 2005.
22. C. Thomopoulos, C. Tsioufis, A. Amfilochiou, D. Chatzis, P. Stougiannos, A. Kakavas, D. Tousoulis, C. Stefanadis, I. Kallikazaros. Obstructive Sleep Apnea is accompanied by more pronounced arterial stiffening in untreated newly diagnosed essential hypertensive patients. 15th European Meeting on Hypertension. Milan, Italy, June 17-21, 2005.
23. D. Chatzis, C. Tsioufis, K. Dimitriadis, E. Taxiarchou, V. Chatzistamatiou, P. Missovoulos, A. Kakkavas, C. Stefanadis, I. Kallikazaros. Relationship between dipping status and aortic stiffness in the early stages of essential hypertension. 15th European Meeting on Hypertension. Milan, Italy, June 17-21, 2005.
24. D. Chatzis, C. Tsioufis, P. Stougiannos, A. Kakkavas, I. Vlasseros, K. Dimitriadis, C. Stefanadis, I. Kallikazaros. Left ventricular diastolic dysfunction assessed by pulsed TDI is accompanied by increased aortic stiffness in the early stages of essential hypertension. 15th European Meeting on Hypertension. Milan, Italy, June 17-21, 2005.
25. E. Vezali, C. Tsioufis, G. Chartzoulakis, L. Naoumidou, D. Chatzis, P. Stougiannos, I. Vlasseros, S. Lalos, A. Moulakakis, P. Toutouzas, C. Stefanadis, I. Kallikazaros. Thyroid disease in essential hypertensive subjects: effect on target organ damage. 15th European Meeting on Hypertension. Milan, Italy, June 17-21, 2005.
26. K. Dimitriadis, C. Tsioufis, D. Chatzis, M. Toutouza, E. Taxiarchou, G. Chartzoulakis, C. Stefanadis, I. Kallikazaros. Graded relationship between adiponectin levels and arterial stiffness in newly

diagnosed essential hypertensive subjects: a promising marker of diffuse atherosclerosis? European Society of Cardiology Congress 2005, Stockholm – Sweden, September 3-7, 2005.

27. I. Skiadas, C. Tsioufis, D. Chatzis, P. Stougiannos, E. Taxiarchou, G. Chartzoulakis, C. Stefanadis, I. Kallikazaros. The BNP in the crossroads of mechanical and humoral signaling: the paradigm of paroxysmal atrial fibrillation in hypertensive subjects. European Society of Cardiology Congress 2005, Stockholm – Sweden, September 3-7, 2005.
28. K. Dimitriadis, C. Tsioufis, D. Chatzis, M. Toutouza, V. Chatzistamatiou, K. Toutouzas, C. Stefanadis, I. Kallikazaros. Left ventricular hypertrophy is accompanied by a state of increased inflammatory process and arterial stiffness in essential hypertensive subjects: a novel insight to target organ damage. European Society of Cardiology Congress 2005, Stockholm – Sweden, September 3-7, 2005.
29. C. Tsioufis, K. Dimitriadis, K. Vasiliadou, D. Chatzis, E. Taxiarchou, D. Tousoulis, C. Stefanadis, I. Kallikazaros. Microalbuminuria is accompanied by hypoadiponectinemia and augmented C-reactive protein levels in male essential hypertensive subjects. European Society of Cardiology Congress 2005, Stockholm – Sweden, September 3-7, 2005.
30. D. Chatzis, C. Tsioufis, E. Taxiarchou, E. Vezali, G. Chartzoulakis, I. Vlasseros, D. Tousoulis, C. Stefanadis, I. Kallikazaros. The effects of non-dipping status on the time interval between onset of mitral inflow and onset of early tissue Doppler imaging diastolic velocity: a step toward increasing our insight in diastole. American Heart Association Scientific Sessions 2005, November 13 – 16, Dallas, Texas.
31. K. Dimitriadis, C. Tsioufis, D. Chatzis, E. Chatzistamatiou, A. Kakkavas, P. Toutouzas, C. Stefanadis, I. Kallikazaros. Graded association between plasma levels of diverse inflammatory markers and arterial stiffness in newly diagnosed essential hypertensive subjects: linking subclinical inflammation with vascular dysfunction. American Heart Association Scientific Sessions 2005, November 13 – 16, Dallas, Texas.
32. K. Dimitriadis, C. Tsioufis, D. Chatzis, E. Taxiarchou, A. Kakkavas, P. Missovoulos, C. Stefanadis, I. Kallikazaros. C-Reactive Protein plasma levels are gradually associated with adiponectin and arterial stiffness in newly diagnosed essential hypertensive patients: an unifying approach to diffuse atherosclerosis. American Heart Association Scientific Sessions 2005, November 13 – 16, Dallas, Texas.
33. P. Stougiannos, C. Tsioufis, D. Chatzis, E. Taxiarchou, I. Vlasseros, P. Missovoulos, C. Stefanadis, I. Kallikazaros. Relation of left ventricular concentric remodeling to subclinical systemic inflammation in patients with essential hypertension. American Heart Association Scientific Sessions 2005, November 13 – 16, Dallas, Texas.
34. V. Chatzistamatiou, C. Tsioufis, E. Taxiarchou, P. Stougiannos, D. Chatzis, K. Dimitriadis, C. Stefanadis, I. Kallikazaros. Relationship between left ventricular structural and functional alterations and left atrial size in essential hypertensive subjects. Euroecho 9, December 8 – 10, 2005, Florence, Italy.
35. V. Chatzistamatiou, C. Tsioufis, D. Chatzis, I. Vlasseros, E. Taxiarchou, I. Skiadas, C. Stefanadis, I. Kallikazaros. The effects of non-dipping status on the time interval between onset of mitral inflow and onset of early tissue Doppler imaging diastolic velocity: a step toward increasing our insight in diastole. Euroecho 9, December 8 – 10, 2005, Florence, Italy.
36. Dimitris Chatzis, Costas Tsioufis, Efstathios Taxiarchou, Christos Katsaris, Elena Vezali, Apostolis Kakkavas, Christodoulos Stefanadis, Ioannis Kallikazaros. The haemodynamic and humoral mediators of left ventricular diastolic dysfunction in essential hypertension: A Tissue Doppler Imaging study. 55th Annual Scientific Session of the American College of Cardiology, Atlanta, March 11-14, 2006
37. Kyriakos Dimitriadis, Costas Tsioufis, Dimitris Chatzis, Giorgos Chartzoulakis, Carmen Vasiliadou, Dimitris Tousoulis, Pavlos Toutouzas, Christodoulos Stefanadis, Ioannis Kallikazaros. Non-dipping status is accompanied by hypoadiponectinemia and arterial stiffening in essential hypertensive subjects: a link to subclinical atherosclerotic processes. 55th Annual Scientific Session of the American College of Cardiology, Atlanta, March 11-14, 2006
38. Efstathios Taxiarchou, Costas Tsioufis, Pavlos Stougiannos, Dimitris Chatzis, Apostolis Kakkavas, Vagelis Chatzistamatiou, Christodoulos Stefanadis, Ioannis Kallikazaros. Relation of left atrial enlargement to various haemodynamic and humoral parameters in patients with essential hypertension. 55th Annual Scientific Session of the American College of Cardiology, Atlanta, March 11-14, 2006
39. Dimitris Chatzis, Costas Tsioufis, Efstathios Taxiarchou, Ioannis Skiadas, Dimitris Sirelouis, Christos Katsaris, Christodoulos Stefanadis, Ioannis Kallikazaros. Homocysteine plasma levels are

- associated with left ventricular diastolic dysfunction in essential hypertensive subjects: a Tissue Doppler Imaging approach. 21th Annual Scientific Meeting of the American Society of Hypertension, New York City, New York, May 16-20, 2006.
40. I. Skiadas, C. Tsioufis, K. Dimitriadis, K. Thomopoulos, D. Chatzis, P. Toutouzas, C. Stefanadis, I. Kallikazaros. Structural and functional triggers of paroxysmal atrial fibrillation in hypertensives. 16th European Meeting on Hypertension. Madrid, Spain, June 12-15, 2006.
 41. D. Chatzis, C. Tsioufis, E. Taxiarchou, K. Dimitriadis, D. Sirelousidis, E. Vezali, C. stefanadis, I. Kallikazaros. Linking brain natriuretic peptide with the early renal dysfunction of essential hypertensive subjects: a working hypothesis. 16th European Meeting on Hypertension. Madrid, Spain, June 12-15, 2006.
 42. K. Dimitriadis, C. Tsioufis, D. Chatzis, E. Taxiarchou, P. Pavlidis, S. Lalos, C. Stefanadis, I. Kallikazaros. Low-grade inflammation, arterial stiffness and thrombosis/fibrinolysis system: interrelationships with masked, white-coat and sustained hypertension. European Society of Cardiology Congress 2006, Barcelona-Spain, September 2-6, 2006.
 43. C. Tsioufis, K. Dimitriadis, D. Chatzis, G. Chartzoulakis, S. Lalos, D. Tousoulis, C. Stefanadis, I. Kallikazaros. Relationship between pregnancy-associated plasma protein A levels and urinary albumin excretion rate: a new pathway linking atherosclerotic processes with microalbuminuria in essential hypertension. European Society of Cardiology Congress 2006, Barcelona-Spain, September 2-6, 2006.
 44. K. Dimitriadis, C. Tsioufis, E. Taxiarchou, D. Chatzis, G. Chartzoulakis, D. Tousoulis, C. Stefanadis, I. Kallikazaros. C-reactive protein levels are gradually associated with adiponectin and arterial stiffness in newly diagnosed untreated essential hypertensive subjects: an unifying approach to atherosclerosis. European Society of Cardiology Congress 2006, Barcelona-Spain, September 2-6, 2006.
 45. E. Taxiarchou, C. Tsioufis, D. Chatzis, M. Selima, K. Giannakopoulos, A. Kakkavas, E. Tsiamis, C. Stefanadis, I. Kallikazaros. Similar unfavourable effects of diabetes mellitus and metabolic syndrome on hypertensive target organ damage. Data from the Hippokratia Hellenic Hypertension (3H) Study. 56th Annual Scientific Session of the American College of Cardiology, New Orleans, Louisiana, March 24-27, 2007.
 46. E. Taxiarchou, C. Tsioufis, D. Chatzis, M. Selima, K. Giannakopoulos, A. Kakkavas, E. Tsiamis, C. Stefanadis, I. Kallikazaros. Association of left atrium volume with aortic stiffness and neurohumoral factors in the early stages of essential hypertension. 56th Annual Scientific Session of the American College of Cardiology, New Orleans, Louisiana, March 24-27, 2007.
 47. D. Chatzis, C. Tsioufis, A. Kakkavas, A. Katsimichas, I. Vlasseros, E. Tsiamis, C. Stefanadis, I. Kallikazaros. Excessive inotropic response during exercise testing is associated with left ventricular diastolic dysfunction detected by TDI: understanding the prognostic role of blood pressure elevation at peak exercise in hypertensives. 56th Annual Scientific Session of the American College of Cardiology, New Orleans, Louisiana, March 24-27, 2007.
 48. C. Tsioufis, K. Dimitriadis, D. Chatzis, I. Skiadas, E. Vezali, D. Tousoulis, C. Stefanadis, I. Kallikazaros. Pregnancy-associated plasma protein-A levels are related to urinary albumin excretion rate: a novel pathway linking atherosclerotic processes with microalbuminuria in essential hypertension. 56th Annual Scientific Session of the American College of Cardiology, New Orleans, Louisiana, March 24-27, 2007.
 49. C. Tsioufis, K. Dimitriadis, C. Thomopoulos, D. Chatzis, C. Vasiliadou, D. Syrogiannidis, C. Stefanadis, I. Kallikazaros. Low-grade inflammation and hypoadiponectinemia have an additive detrimental effect on aortic stiffness in essential hypertensive patients: a "double-edged sword" of vascular damage. 56th Annual Scientific Session of the American College of Cardiology, New Orleans, Louisiana, March 24-27, 2007.
 50. C. Tsioufis, K. Dimitriadis, D. Chatzis, E. Vezali, C. Michas, K. Giannakopoulos, T. Psarros, E. Tsiamis, C. Stefanadis, I. Kallikazaros. Cross-sectional relationships of urinary albumin excretion with arterial stiffness and left ventricular mass in essential hypertensive subjects: data from the Hippokratia Hellenic Hypertension (3H) Study. 56th Annual Scientific Session of the American College of Cardiology, New Orleans, Louisiana, March 24-27, 2007.
 51. D. Chatzis, C. Tsioufis, E. Taxiarchou, A. Kakkavas, D. Tsiachris, A. Michaelides, C. Stefanadis, I. Kallikazaros. Excessive inotropic response is an independent predictor of left ventricular diastolic dysfunction in newly diagnosed essential hypertension: a Tissue Doppler Imaging approach. European Society of Cardiology Congress 2007, September 1-5 2007, Vienna, Austria.
 52. D. Chatzis, C. Tsioufis, D. Tsiachris, K. Giannakopoulos, C. Thomopoulos, P. Missovoulos, P. Pavlidis, C. Stefanadis, I. Kallikazaros. Fat repartition related effects on arterial elastic properties

- beyond body mass index levels: insights from the Hippokration Hellenic Hypertension Study (3H Study). European Society of Cardiology Congress 2007, September 1-5 2007, Vienna, Austria.
53. K. Dimitriadis, C. Tsioufis, D. Chatzis, M. Selima, D. Tsiachris, D. Tousoulis, C. Stefanadis, I. Kallikazaros. Reappraisal of the role of uric acid in essential hypertension: interrelationships with low-grade inflammation, adiponectin and arterial stiffness. European Society of Cardiology Congress 2007, September 1-5 2007, Vienna, Austria.
 54. D. Chatzis, C. Tsioufis, P. Pavlidis, E. Taxiarchou, D. Tsiachris, D. Tousoulis, C. Stefanadis, I. Kallikazaros. Brain natriuretic peptide and early cardiovascular adaptations in essential hypertension. European Society of Cardiology Congress 2007, September 1-5 2007, Vienna, Austria.
 55. C. Tsioufis, K. Dimitriadis, E. Taxiarchou, D. Chatzis, E. Vezali, A. Kakkavas, C. Mihos, C. Stefanadis, I. Kallikazaros Prevalence and correlates of microalbuminuria in essential hypertensive subjects: insights from the Hippokration Hellenic Hypertension (3H) study. European Society of Cardiology Congress 2007, September 1-5 2007, Vienna, Austria.
 56. K. Dimitriadis, C. Tsioufis, D. Chatzis, I. Skiadas, D. Antonatos, S. Lalos, D. Tousoulis, C. Stefanadis, I. Kallikazaros. Essential hypertensive subjects with exaggerated blood pressure response during treadmill test are characterized by accelerated arterial stiffening and augmented asymmetric dimethylarginine levels. European Society of Cardiology Congress 2007, September 1-5 2007, Vienna, Austria.
 57. D. Tsiachris, C. Tsioufis, D. Chatzis, E. Taxiarchou, M. Selima, E. Vezali, I. Skiadas, G. Chartzoulakis, C. Stefanadis, I. Kallikazaros. Overweight status identifies the cut-off point of unfavorable structural and functional cardiac adaptations in hypertensives. Insights from the Hippokration Hellenic Hypertension (3H) study. European Society of Cardiology Congress 2007, September 1-5 2007, Vienna, Austria.
 58. D. Chatzis, C. Tsioufis, D. Tsiachris, K. Dimitriadis, M. Selima, E. Vezali, S. Lalos, A. Kakkavas, C. Stefanadis, I. Kallikazaros The synergistic effect of hyperuricemia on metabolic syndrome related cardiac adaptations: insights from the Hippokration Hellenic Hypertension Study (3H Study). European Society of Cardiology Congress 2007, September 1-5 2007, Vienna, Austria.
 59. K. Dimitriadis, C. Tsioufis, C. Thomopoulos, D. Chatzis, D. Tousoulis, P. Toutouzas, C. Stefanadis, I. Kallikazaros Differential effects of sustained, white-coat and masked hypertension on C-reactive protein, adiponectin and arterial stiffening: linking blood pressure status to diffuse atherosclerosis. European Society of Cardiology Congress 2007, September 1-5 2007, Vienna, Austria.
 60. K. Dimitriadis, C. Tsioufis, D. Chatzis, M. Selima, D. Tsiachris, D. Tousoulis, C. Stefanadis, I. Kallikazaros. Reappraisal of the role of uric acid in essential hypertension: interrelationships with low-grade inflammation, adiponectin and arterial stiffness. European Society of Cardiology Congress 2007, September 1-5 2007, Vienna, Austria.
 61. C. Tsioufis, K. Dimitriadis, D. Chatzis, D. Tsiachris, K. Vasiliadou, D. Tousoulis, C. Stefanadis, I. Kallikazaros. Uric acid revisited: interrelationships with low-grade inflammation, adiponectin and arterial stiffness in essential hypertension. American Heart Association Scientific Sessions 2007, November 4-7, Orlando, Florida, USA.
 62. E. Vezali, C. Tsioufis, E. Taxiarchou, P. Stougiannos, D. Chatzis, C. Mihos, C. Stefanadis, I. Kallikazaros. Adverse effect of new-onset diabetes mellitus on cardiovascular events: a 6 year prospective study in a cohort of 1446 Greek hypertensives. American Heart Association Scientific Sessions 2007, November 4-7, Orlando, Florida, USA.
 63. D. Chatzis, C. Tsioufis, D. Tsiachris, E. Taxiarchou, M. Selima, D. Tousoulis, C. Stefanadis, I. Kallikazaros. Exploring the links between left ventricular diastolic dysfunction and reduced exercise tolerance in newly diagnosed essential hypertension: a Tissue Doppler Imaging approach. 57th Annual Scientific Session of the American College of Cardiology, Chicago, Illinois, March 29 – April 1, 2008.
 64. K. Dimitriadis, C. Tsioufis, C. Thomopoulos, D. Tsiachris, A. Gennadi, D. Chatzis, C. Stefanadis, I. Kallikazaros. Interrelationships of arterial stiffness with asymmetric dimethylarginine, endothelin-1 and adiponectin in essential hypertension. 57th Annual Scientific Session of the American College of Cardiology, Chicago, Illinois, March 29 – April 1, 2008.
 65. D. Chatzis, C. Tsioufis, D. Tsiachris, E. Taxiarchou, C. Thomopoulos, P. Pavlidis, C. Stefanadis, I. Kallikazaros. Visceral fat related adverse effects on arterial elastic properties beyond body mass index levels: insights from the Hippokration Hellenic Hypertension (3H) Study. 57th Annual Scientific Session of the American College of Cardiology, Chicago, Illinois, March 29 – April 1, 2008.
 66. C. Tsioufis, D. Tsiachris, D. Chatzis, K. Dimitriadis, E. Taxiarchou, C. Thomopoulos, M. Selima, D. Syrseloudis, C. Stefanadis, I. Kallikazaros. Evidence for no global effect of metabolic syndrome per

se on early hypertensive sequelae. Insights from the Hippokration Hellenic Hypertension (3H) Study. 57th Annual Scientific Session of the American College of Cardiology, Chicago, Illinois, March 29 – April 1, 2008.

67. C. Thomopoulos, C. Tsioufis, D. Chatzis, E. Andrikou, V. Tzamou, T. Makris, I. Kallikazaros, C. Stefanadis. The relationships of ambulatory arterial stiffness index with pulse wave velocity in hypertensives: focus on the superiority of nighttime haemodynamics. European Society of Cardiology Congress 2008, August 30th – September 3d 2008, Munich, Germany.
68. K. Dimitriadis, C. Tsioufis, D. Tsiachris, D. Chatzis, M. Riga, Z. Kyriakidis, I. Kallikazaros, C. Stefanadis. Large artery stiffness as an indicator of renal function in essential hypertension: the Hippokration Hellenic Hypertension (3H) study. European Society of Cardiology Congress 2008, August 30th – September 3d 2008, Munich, Germany.
69. E. Vezali, C. Tsioufis, K. Dimitriadis, M. Selima, C. Mihos, D. Chatzis, A. Moulakakis, C. Stefanadis. Redefining the cardiovascular impact of new-onset diabetes mellitus in essential hypertension: experience of a 6 year follow-up. European Society of Cardiology Congress 2008, August 30th – September 3d 2008, Munich, Germany.
70. E. Taxiarchou, C. Tsioufis, D. Chatzis, A. Kakkavas, E. Tzamou, M. Selima, I. Kallikazaros, C. Stefanadis. Circadian blood pressure variation and left atrium size in the early stages of essential hypertension: the role of pulse pressure and nocturnal blood pressure fall. European Society of Cardiology Congress 2008, August 30th – September 3d 2008, Munich, Germany.
71. D. Tsiachris, C. Tsioufis, D. Chatzis, A. Michaelides, S. Lalos, E. Tsiamis, I. Kallikazaros, C. Stefanadis. Interrelationships of impaired exercise tolerance, aortic dilatation and diastolic dysfunction in newly diagnosed hypertension. European Society of Cardiology Congress 2008, August 30th – September 3d 2008, Munich, Germany.
72. E. Taxiarchou, C. Tsioufis, D. Chatzis, M. Selima, A. Kasiakogias, D. Tousoulis, I. Kallikazaros, C. Stefanadis. Structural and functional determinants of left atrial volume in essential hypertension. European Society of Cardiology Congress 2008, August 30th – September 3d 2008, Munich, Germany.
73. E. Taxiarchou, C. Tsioufis, D. Chatzis, K. Toutouzas, D. Tousoulis, S. Lalos, I. Kallikazaros, C. Stefanadis. A continuum from the periphery to the forgotten left atrial cavity. Data from the Hippokration Hellenic Hypertension study (3H). European Society of Cardiology Congress 2008, August 30th – September 3d 2008, Munich, Germany.
74. D. Tsiachris, C. Tsioufis, D. Chatzis, A. Michaelides, S. Lalos, E. Tsiamis, I. Kallikazaros, C. Stefanadis. Interrelationships of impaired exercise tolerance, aortic dilatation and diastolic dysfunction in newly diagnosed hypertension. European Society of Cardiology Congress 2008, August 30th – September 3d 2008, Munich, Germany.
75. D. Tsiachris, C. Tsioufis, D. Chatzis, D. Syrseloudis, E. Stefanadi, P. Tolis, A. Michaelidis, I. Kallikazaros, C. Stefanadis. Unfavourable impact of metabolic syndrome on exercise physiology in the early stages of essential hypertension. Athens Interventional Cardiovascular Therapeutics X, October 9-10 2009, Athens, Greece.
76. K. Dimitriadis, C. Tsioufis, D. Syrseloudis, C. Thomopoulos, D. Chatzis, E. Tsiamis, E. Andrikou, D. Tousoulis, A. Michaelidis, C. Stefanadis. Hypertensives with an exaggerated exercise blood pressure response are characterized by arterial stiffening, augmented asymmetric dimethylarginine and osteopontin levels. Athens Interventional Cardiovascular Therapeutics X, October 9-10 2009, Athens, Greece.

Invited lectures in national scientific congresses : 38

Invited lectures in international congresses : 1

President of scientific sessions in national congresses : 4

Moderator in national congresses : 2

Moderator in international congresses : 3

(The documents regarding the abovementioned activities can be presented upon request)

Participation in international clinical trials

- **Clinical subinvestigator** in the multicenter trial **ROCKET AF** (Rivaroxaban Once daily Oral Direct Factor Xa Inhibition Compared With Vitamin K Antagonism for Prevention of Stroke and Embolism Trial in Atrial Fibrillation. Hellenic Red Cross General Hospital of Athens, 2nd Cardiology Dept, 2007-08.
- Active participant in the multicenter **VALENTINES TRIAL** (regarding the effectiveness of the drug – eluting balloon Dior in the treatment of in stent restenosis), Haemodynamic laboratory, Henry Dunant General Hospital of Athens, 2010
- **Principal investigator** in the multicenter trial **TIGREECE** regarding the long term outcomes of Greek patients one year after myocardial infarction
- **Principal investigator** in the multicenter trial **PACSS** regarding the estimation of lipid lowering therapeutic strategy in Greek patients after an acute coronary syndrome

Participation in national clinical trials

□ **Lead Clinician** – PAVE – AF (Pattern of Antithrombotic therapy in Very Elderly patients with Atrial Fibrillation) non – interventional multicenter Greek study.

Honors and Awards

1) Honorary distinction for the lecture entitled «Basic myocardial infarction management in dental practice». (20th Panhellenic Dental Symposium, Athens 2000)

2) **Best oral presentation award** Metabolic syndrome effects on hypertension-related target organ damage. Annual seminar of the Hellenic Society of Cardiology Working Groups, 2007.

3) **3rd best oral presentation award** Exaggerated inotropic response during exercise is associated with left ventricular diastolic dysfunction in the early stages of essential hypertension: a TDI approach. 2nd Congress of Clinical Cardiovascular Diseases, organized by the Panhellenic Medical Association of Cardiology Directors, 2007.

Scholarships

□ Medical school of Athens Scholarship (1997) to attend as “ elective student” the clinical activities of the “ Department of Clinical Neurosciences “ Western General Hospital, University of Edinburgh, Scotland, UK.

□ Hellenic Foundation of Cardiology scholarship (2005 – 2006), research project: «left ventricular diastolic dysfunction estimation by means of TDI in newly diagnosed hypertensives: correlation with great arterial stiffness». (1st Cardiology Clinic of the University of Athens, Hippokration General Hospital of Athens).

□ Hellenic Foundation of Cardiology scholarship (2006 – 2007), research project: « left ventricular diastolic dysfunction estimation by means of TDI in newly diagnosed hypertensives: correlations with BNP plasma levels and 24 hour ambulatory blood pressure recording parameters». (1st Cardiology Clinic of the University of Athens, Hippokration General Hospital of Athens).

Professional affiliations

- Member of the European Society of Cardiology (ESCID 179585)
- Member of the European Association of Percutaneous Coronary Interventions – EAPCI.
- Member of the Hellenic Society of Cardiology
- Member of the working group «Hypertension and the heart» of the Hellenic Society of Cardiology
- Member of the Greek Society of Vascular Medicine.
- Member of the Athens Medical Association

- Member of the working group of «Haemodynamics and Interventional Cardiology» of the Hellenic Society of Cardiology
 - Member of the Nucleus of Hellenic Institute for the Study, Research, Education and Treatment of Vascular, Cardiac, Brain and Renal Diseases (INAKEN)
- Member of the European Society of Hypertension.

Personal skills and competences

Native tongue: Greek

Foreign languages

- English (C1 level)
- Italian (B1 level)

Organizational skills and competences

- During the period of residency in Cardiology, I actively participated in the organization of the postgraduate educational program in Cardiology of the Hellenic Red Cross Hospital of Athens.
- During the same period I was responsible for the on call duty program of Cardiology fellows.
- Organization of the department of hypertension and preventive cardiology, Athens Medical Center, Faliro clinic.
- Organization of the series of «Thrombosis : train the trainers seminars», under the auspices of the Greek College of General Practitioners. Active participation as instructor as well.

Computer skills and competences

- Competent with most Microsoft Office programs